



Procedure Information - Myringotomy +/- Ventilation Tube Insertion

Visit No.: Dept.:
Name: Sex/Age:
Doc. No.: Adm. Date:
Attn. Dr.:
Patient No.: PN

Page No:

01	02	03	04	05	06	07	08	09
+10	+20	+30	+40	+50	+60	+70	+80	+90

*Please fill in /
affix patient's label*

Introduction

1. To make a hole in the eardrum (myringotomy)
2. Placement of a ventilation tube through the eardrum

Indications

1. Secretory otitis media
2. Eustachian tube dysfunction
3. Acute otitis media

Intended Benefits and Expected Outcome

1. To normalize the middle ear pressure
2. To drain the middle ear
3. Hearing improvement
4. There is a chance of incomplete relief of symptoms and recurrence after extrusion of the grommet

Conditions that Would Not Be Benefited by the Procedure

1. Tinnitus
2. Dizziness

The Procedure

1. The procedure is done under local or general anesthesia
2. Under the microscope, a small incision is made over the eardrum and the middle ear fluid is aspirated
3. A ventilation tube may be inserted to allow ventilation of the middle ear

Risk and Complication

There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.

Common Risks and Complications ($\geq 1\%$ risk)

1. Recurrence
2. Infection
3. Bleeding
4. Residual eardrum perforation

Uncommon Risks with Serious Consequences (<1% risk)

1. Hearing loss
2. Vertigo
3. Dislodgement of ventilation tube into middle ear
4. Death due to serious surgical and antiesthetic complications
5. Implantation cholesteatoma
6. Facial nerve damage



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Before the Procedure

1. You will need to sign a consent form and your doctor will explain to you the reason, procedure and possible complication.
2. Inform your doctor of any medical condition and any medications you are taking. The medications may need to be adjusted as appropriate.

After the Procedure

1. Small amount of blood stained ear discharge is normal. Please keep your ear dry.
2. Follow up on schedule as instructed by your doctor.

Alternative Treatment

1. Medical treatment
2. Hearing aid

Consequences of No Treatment

1. Persistent hearing loss
2. Progression of infection with complications

Remarks

This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information please contact your doctor.

Reference

Hospital Authority – Smart Patient Website

I acknowledge that the above information concerning my operation/procedure has been explained to me by Dr. _____. I have also been given the opportunity to ask questions and receive adequate explanations concerning my condition and the doctor's treatment plan.

Patient / Relative Name

Signature

Relationship (if any)

Date